



NEWSLETTER

GIRRAWEEEN PUBLIC SCHOOL

Principal: Mr. G Walker
Phone: 9631 3650

9 Bando Road
GIRRAWEEEN NSW 2145

18th September 2014

Tuesday 7th October

Term 4 commences

Dear Parents,

As we complete our third term of the school year it is with continued pride that I can report on excellent NAPLAN results achieved by our Year 3 and Year 5 students. Our school profile is significantly higher than the national averages in both Year 3 and Year 5. These consistently high academic results are a clear demonstration of the excellent work our teachers are doing in classrooms from Kindergarten to Year 6 and the support students receive from their parents and families. I will review the school data with staff over the next few months to assist our planning for 2015 programs. While our school performance has been excellent there are areas in which we can make improvements with targeted programs next year.

Last week we commenced our summer sports program for Years 3-6. PSSA teams are now completing the second half of their summer competitions. Term 4 will continue the summer sports program.

All students K-6 will be expected to be wearing summer uniform in Term 4.

During the holiday break we will have two new demountable classrooms installed. We will be forming a new class to reduce the numbers in our Year 3 and Year 4 classes. This is an extension class. Students will be working with Miss A. Roberts for the final term of the school year.

Finally I would like to thank everyone who has contributed to the success our school has enjoyed during the term. Our students have experienced a wide range of academic, social, cultural and sporting activities as we develop a well rounded education for all students.

Have a great holiday everyone. I look forward to seeing everyone refreshed for the final school term when we return in two weeks time.

Warm regards,

G. Walker

DATES FOR YOUR DIARY

7th October	Term 4 commences
7th October	Uniform Shop CLOSED
8th October	Uniform Shop REOPENS
	P&C Meeting—7pm
9th October	Stage 3 Riverside Excursion
21st October	Games-a-thon

Our school Vision

Girraween P.S. will create 21st century learners through innovative, culturally sensitive teaching practice with a focus on project based learning.

ICAS SPELLING COMPETITION

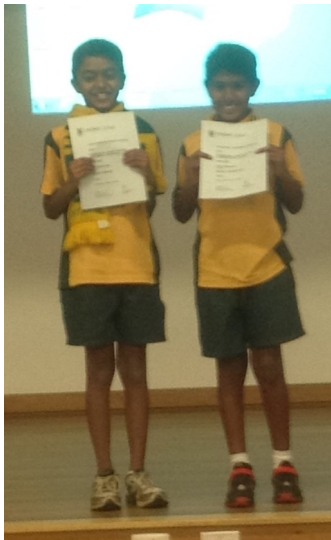
Recently we had 210 students from Years 3-6 sit the ICAS Writing Competition.

Of those students who sat the competition, 5 received a High Distinction, 27 received a Distinction, 89 received a Credit, 22 received a Merit and we had 67 receiving a Participation.

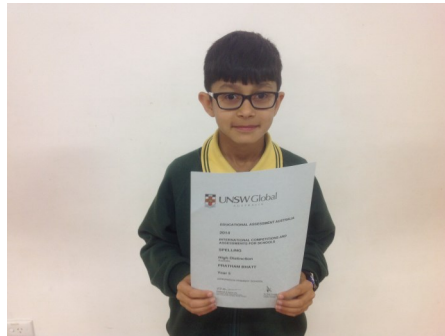
Well done students.



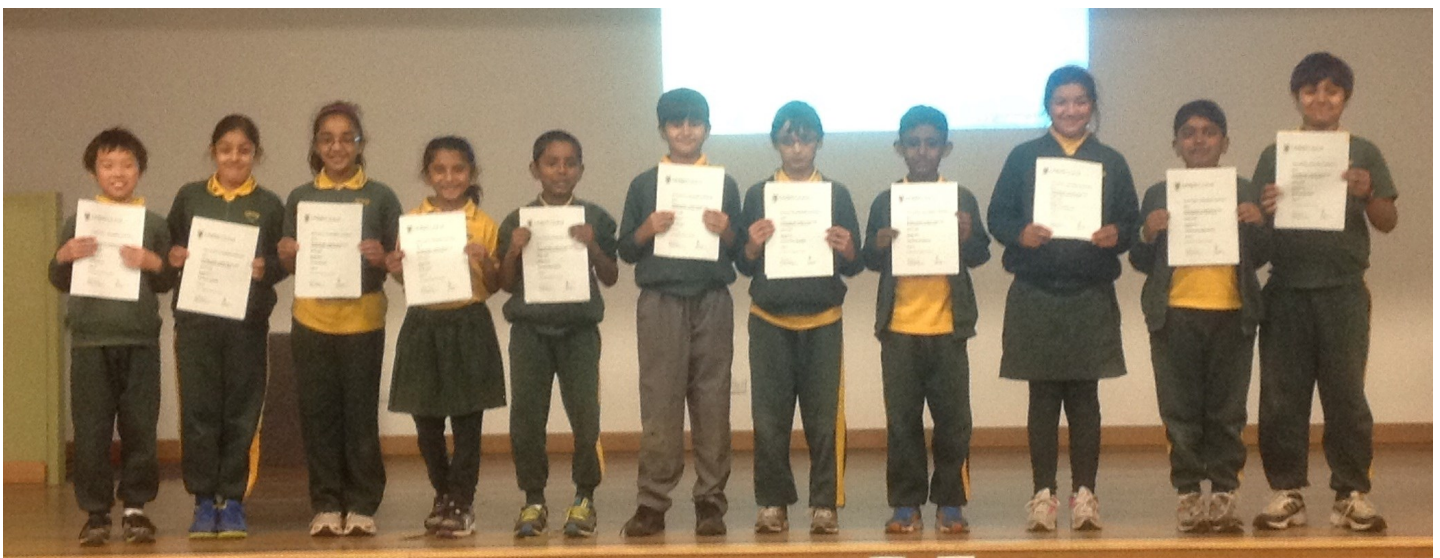
Year 3 High Distinctions:
Sussana Charles, Ragav
Subramaniam Arasu (absent)



Year 4 High Distinctions: Sidarth Menon,
Sanjey Thevarajah



Year 5 High Distinction:
Pratham Bhatt

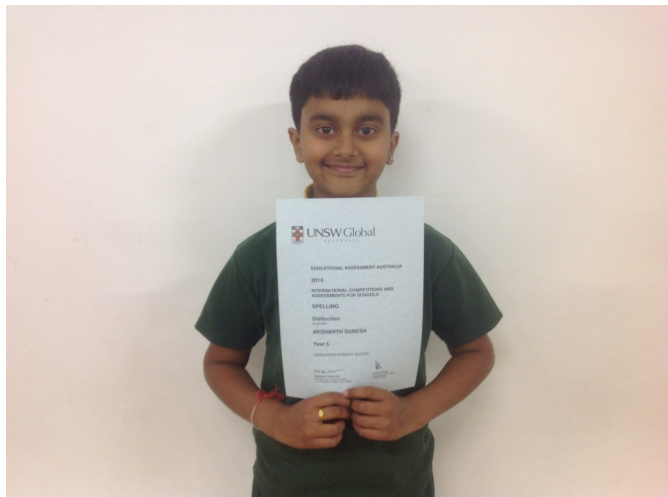
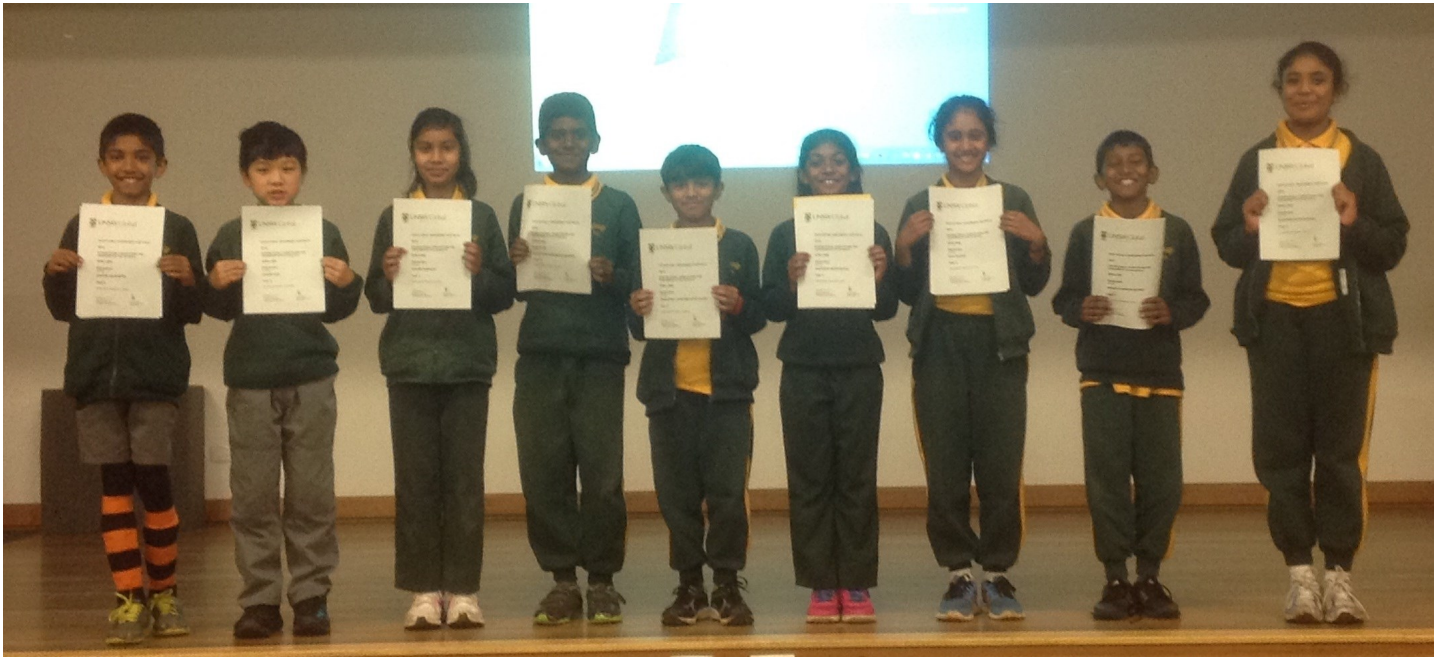


Year 3 Distinctions: Edward Hu, Sahana Anand, Tia Bhaskar, Riya Jani, Aranan Myooran, Rohan Raj, Arishan Shankar, Chaitanya Sharma, Shreya Shrestha, Tarunesh Srikrishna, Mannan Zaveri

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Year 4 Distinctions: Ashvin Gajendra, Jason Lao, Khushi Bangur, Pavethen Krishnakumaran, S Lakshmi Narayanan, Anoosha Mohanaraj, Siya Pujari, Abinesh Ravichandran, Shahanan Sarvananda,



Year 5 Distinctions: Akshanth Suresh

Year 6 Distinctions: Thanuskan Indrakumar, Girish Ravi, Aishani Ravichandran, Arthiga Vigneswaran, Shivaram Venkataraman



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KH and Book Week 2014

KH love reading books so we thoroughly enjoyed Book Week 2014!

We have all taken part in the Premier's Reading Challenge and some of our favourite books are 'Elmer' by David McKee, 'A Lion in the Night' by Pamela Allen and 'Window' by Jeannie Baker. The Book Fair was very exciting and many of us purchased books to read at home or donated books to the library to share with others. The Book Parade was fantastic and everyone in KH dressed up. Henil won a book prize for his Car costume, it was amazing!



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LIFE EDUCATION 2014



Our Life Education lessons will be taught in Term 4.
Below is a brief outline of the program. Lessons will be taught in class.
Children will receive a Life Education workbook and sticker.
The Life Education van is coming to Girraween between
Monday 13th October to Tuesday 4th November.

The programs address many of the components and objectives within the NSW PDHPE curriculum.

Kindergarten	Clued Up	Healthy lifestyle, personal safety, safety with medicines, body knowledge and self-assertion skills
Year 1	Harold's Mystery Tour	Body workings, passive smoking, safety, and decision making.
Year 2	All Systems Go	Functions of body systems, peer pressure, second hand smoking and safety with medicines.
Year 3	Harold's Diary	Friendship, resilience, expressing emotions, coping strategies, healthy food choices, active lifestyle
Year 4	Mind Your Medicine	Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication
Year 5/6	On the Case	Short and long term effects of smoking, effects of passive smoking, laws, peer influence and refusal skills

Most children have paid \$10.00 for Life Education, as this was included with the textbook package earlier in the year.

For those who have not paid, a pink note was sent home last week. Payment is due by **Friday 24th October.**

Stay tuned till after the holidays for information about how to purchase Life Education products. You can help Life Education continue to spread their message to school children.

Thank you
Miss Khoury
Life Education Coordinator

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Library News



BOOK FAIR

A huge thank you to all students, parents and caregivers who purchased books and items at our Scholastic Book Fair held in August. Due to your generosity the Library is able to purchase over **\$3500** worth of new books and resources for the children.

It was wonderful to see so many parents and caregivers enjoying the occasion. A special thank you to my volunteer helpers: Mrs Gale, Mrs Byrnes, Mrs Goss, Mrs Anand, Mrs Jani, Mrs Thevathasan, and Mrs Jegendran. Without you and the help of many of the staff at Girraween PS the Book Fair would not have enjoyed the success that it did.



BOOKFEAST

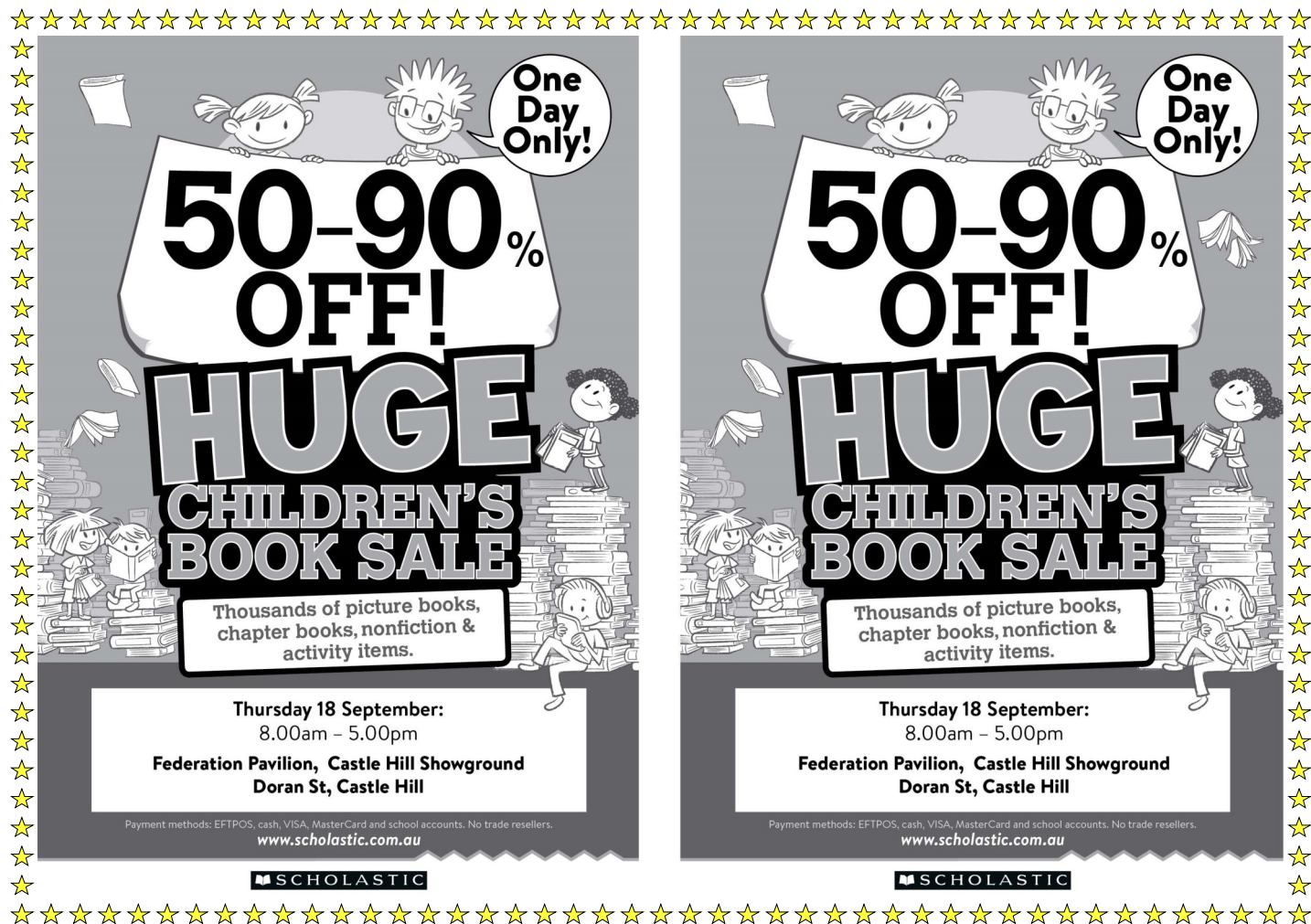
On Thursday 11th September, Mr Heffernan and I took the twelve Library Monitors and six avid readers from year 6 to Bookfeast. Here select students from all over Sydney were given the opportunity to engage directly with Australian authors and illustrators such as Christopher Cheng, Susanne Gervay, Patricia Bernard, Bruce Whatley, Di Wu, P.J. Thierney and many more.

We would like to thank the P&C who made it possible for so many of us to attend this highly educational event.

Mrs K. Propst
Teacher Librarian

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Ideas to get your family moving:

- Go outside and play chasing, ride bikes or throw a ball or a Frisbee.
- Encourage children to make their own obstacle course at home. You could use garden hoses as tight-ropes, chairs to crawl under, and the clothes line to run around. Include a skipping rope and some jumping. For variety ask them to walk backwards, hop or skip through the obstacle course. Time them to see how they are improving.
- Encourage your child to play outside whenever possible. Play along whenever you can.
- Be a good role model – be active when you're with children. What gets children moving is what parents do, not what they say. Children learn by example!
- Include games and walks in family outings.
- Negotiate a time limit on sedentary activities such as watching TV and playing computer games.
- Walking together is a good time to talk to children about their lives and yours.



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Physical activity and academic performance



"Sport and physical activity participation are generally promoted for their positive impact on children's physical and mental health. However, increased participation in sport and other forms of physical activity are also thought to lead to enhancement of cognitive functioning (information processing), memory, concentration, behaviour and academic achievement for children"

Download the full report:

http://www.dsr.wa.gov.au/assets/files/Research/Brain%20boost_emailer.pdf

Value of the Month: Responsibility

Being accountable for your individual and community's actions towards yourself, others and the environment.

In school communities, evidence of this value includes:

- Reflecting policy and school community needs in school rules
- Supporting the decisions of the school
- Accepting responsibility for the school's involvement in community activities
- Including in school rules strategies to reinforce appropriate behaviour as well as consequences for breaking rules.

In classrooms, evidence of this value includes:

- Self-discipline
- Modelling expected behaviours
- Involvement in strategies to encourage compliance with school rules.

LIMITED VACANCIES!

Preschool is a necessary stepping-stone to 'big school' and an important stage in a child's development. At First Academy Preschool Childcare, we pride ourselves on providing a safe and nurturing environment in order for your child to reach their full potential.

Our centre caters for children from 0- 6 years of age, operating between 7:00 am and 6:00 pm and offering:

- Quality supervised, learning and development programs integrated with play time
- School readiness and transition programs for preschool children
- Fun and enriching activities
- All meals, including hot lunches, fruit and milk

For enrolments or any enquiries, please call **9863 2361** or visit the centre at 35 Carinya Rd. Girraween and meet our qualified and friendly staff.

First Academy Preschool Childcare
The Kids Paradise.



Keep brains ticking

If your child is working on a personal project or a school assignment or you want to do a little revision, don't forget www.SchoolAtoZ.com.au has lots of information and fact sheets to help with homework.

For students polishing their spelling skills, the free Spelling Bee mobile app also allows them to record a list of their own words and then test themselves. You might even want to challenge them with a list you create. Here's where you'll find the free app to download: <http://bit.ly/Q9ez0G>



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UNIFORM SHOP NEWS

Please note that the Uniform Shop **will not be open** on Tuesday 7th October.

However it will be re-opened on Wednesday 8th October.

Thanking you
Uniform Shop Co-ordinator



Your invitation to



Open Day

at the award winning community garden

Saturday 11 October 2014

10:00 am to 2:00 pm

- ✓ plant and seedling sale
- ✓ fresh vegies
- ✓ craft and cakes
- ✓ jams and pickles
- ✓ trash n treasure
- ✓ sausage sizzle
- ✓ devonshire teas

**73 Fullagar Road
Wentworthville**

(behind the tennis courts, access pathway next to canal)

Kids love rewards

Praise healthy habits. This may be snacking on fruit, drinking water and being active. Use treats like stickers, special games and outings, hugs and praise.

Avoid using food as a reward.

**AUSTRALIA'S YOUTH PRESENTS
A SELF DEFENCE KARATE
AND SAFETY AWARENESS PROGRAM
FOR BOYS AND GIRLS AGES 5 TO 16
IN SYDNEY SINCE 1994
WEBSITE--<http://karate-kids.com.au>**

DEVELOP SELF CONFIDENCE

BUILD COORDINATION

BUILD SELF ESTEEM

HELP CONCENTRATION

MAKE NEW FRIENDS

IMPROVE STUDIES



ONLY \$12.00 PER WEEK!
WITH A \$2.00 REGO PER TERM
NO EXTRA GRADING FEES!

SELF DEFENCE ONLY IS TAUGHT

CLASSES DIVIDED BY AGE AND EXPERIENCE

OUR INSTRUCTORS ARE TRAINED SPECIFICALLY
FOR THE TEACHING OF CHILDREN AND TEENS

INSTRUCTOR IS A KARATE CHAMPION

ADVANCEMENT FROM
BEGINNER TO BLACK BELT

**LOCATION: METELLA ROAD PUBLIC SCHOOL,
METELLA RD., TOONGABBIE
CLASSES ARE EVERY FRIDAY FOR 10 WEEKS (EVERY SCHOOL TERM)
REGISTRATION: FRIDAYS, 10 OCTOBER, 17 OCT., 24 OCT., 2014**

New and returning students
Ages 5 to 8
Class Time 4:15 TO 4:55 P.M.

New students Ages 9 To 16
Class Time 5:00 to 5:40 P.M.

Returning students
Class Time 5:45 to 6:25 P.M.

Registration will be accepted up to the third week of term. No pre-registration is necessary, just turn up 10 to 15 minutes before class time above if possible....See you there! For further information contact Matt Klein on 9904-5667.

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Road safety around your child's school

Your child's safety depends on you

Drop off and pick up by car

Make sure your children are in an appropriate child car seat that is fitted and used correctly.

Stick to the 40km/h speed limit in a school zone as children are about.

Look for buses pulling out – watch for flashing wig wag lights.

Always park and turn legally around schools.

Avoid dangerous manoeuvres such as U-turns and three-point turns.

Always give way to pedestrians particularly when entering and leaving driveways.

Drop your children off and pick them up on the school side of the road in your school's designated drop off and pick up area. Calling out to them from across the road is dangerous – they may run to you without checking for traffic.

It's safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

Walking together to and from school

Plan your trip to school so you use pedestrian crossings where possible.

Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.

Drop off and pick up your child near the school gate and avoid calling them from across the road.

Talk with your children about **Stop, Look, Listen and Think** every time they cross the road.

STOP! one step back from the kerb.

LOOK! for traffic to your right left and right again.

LISTEN! for the sounds of approaching traffic.

THINK! whether it is safe to cross.

Young children can learn these **safe pedestrian habits** from you and continue them later on when they are old enough to travel alone.



Did you know your child is learning about road safety at school?
Join in by visiting safetytown.com.au.



Transport
for NSW

Centre for Road Safety

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SCHOOL HOLIDAY TENNIS PROGRAM

Book in our super fun programs and keep your children active these school holidays.
Everyone receives a prize and a BBQ on the final day.

LOCATIONS:

Bathurst St, Greystanes & Civic Park, Pendle Hill

WEEK 1: Mon 22nd Sep - Wed 24th Sep 2014 9am-12pm

WEEK 2: Mon 29th Sep - Wed 1st Oct 2014 9am-12pm

COST:

1 day: \$30 3 days: \$75 6 days: \$130 (both weeks)

Places are limited so please book in early!

Should you have any questions or if you would like to book in, please contact Paul 0404 896 778 or Nick 0424 613 987, or complete the booking form below and send via email.



PAUL'S TENNIS ACADEMY



Player Details

Full Name: M ☐ F ☐

Address: DOB:

..... Postcode:

Phone: Mobile: Parent's Name:

Email: 1 day ☐ 3 days ☐ 6 days ☐

Week 1 ☐ Week 2 ☐

Payment Method: ☐ Cash ☐ Cheque ☐ Internet Transfer

Bank Details - Acc Name: Paul McNamara BSB: 032382 Acc No: 137550

Please make sure you add the name of the child you are paying for in the description field.

www.paulstennis.com.au info@paulstennis.com.au

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Girraween Public School

Bando Road, Girraween, NSW, 2145.

9631 3650 - 9631 9632 (Ph); 9896 3392 (Fax); girraween-p.school@det.nsw.edu.au

Enrolment Notice - 94 to 118 Stapleton Street, Pendle Hill

Dear Parents,

Girraween Public School is currently at enrolment capacity for the available accommodation. In 2015 and for the following years, projections are that local enrolment numbers will exceed the enrolment ceiling. Only local area students are accepted for enrolment and evidence that the family is living in our catchment area is required.

Under the Department of Education and Communities' Enrolment of Students in Government Schools - A Summary and Consolidation of Policy, all government schools in New South Wales have a designated intake area with a pre-defined boundary.

The designated intake area is defined by the map included in this notice. The map is also available from the school office and our website. The intake area is reviewed periodically and may be amended.

All children whose home is situated within the defined intake area and who are eligible to attend a NSW government school are guaranteed a place.

Girraween Public School cannot accept out of area enrolments.

The addresses 94-118 Stapleton Street, Pendle Hill are within the designated intake area of Pendle Hill Public School.

No new enrolments from 94-118 Stapleton Street, Pendle Hill can be accepted for Girraween Public school from the commencement of the 2015 school year.

Yours sincerely,

Glenn Walker
Principal
17.09.2014

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Pedestrian Refuge Islands

Here are some helpful tips on how to stay safe when using the pedestrian refuge island on Gilba Road, Girraween.

It is important to remember that a Pedestrian refuge island is not a pedestrian crossing; they are installed on busy or wide roads to help pedestrians cross in two stages, therefore vehicles have right of way.



When using a pedestrian refuge island:

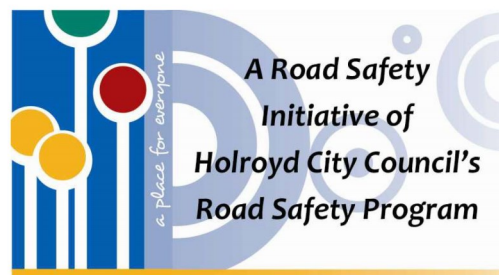
- Always give way to vehicles
- Always Stop, Look, Listen and Think
- If you can't get all the way across, use the island and stop half way
- Always hold hands with your child

For more information contact

Holroyd City Councils

Road Safety Officer

Ph: 9840 9880



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Brand New Before & After School Care at Girraween PS



From Term 3, 2014 there will be a brand new on-site Before and After School Care and Holiday Program at Girraween PS run by OSHClub. OSHClub programs are great fun programs as there is so much to do, heaps of things to play with and they are staffed with wonderful, experienced and trained people. We will be running the program in the hall.

Check out our mega toy boxes full of brand new fun stuff.

- > Loads of toys and cars
- > Board games
- > Art and craft materials
- > Dress ups
- > Games
- > Sports gear

Join in our exciting activities:

- > Science
- > Drama
- > Cooking
- > Art/Craft
- > Sports

Both permanent and casual or last minute bookings available.*
Book as much or a little as you need, whenever you need it

The program will be open as follows:

	Fee **	Opening Hours
Before School Care	\$1.86 to \$10.50	7:00am – 9:00am
After School Care	\$2.67 to \$15.50	3:00pm – 6:00pm
Holiday Program/Pupil Free Days	\$3.86 to \$45.00	7:00am – 6:00pm

* A late booking fee of \$3.30 applies to all BSC/ASC bookings made within 24 hours of the session. Fees subject to change

**** Families can apply for Child Care Benefit and the 50% Child Care Rebate so the actual fee payable will vary between these amounts depending on individual families' circumstances. The CCR is not means tested which means just about all working or studying parents are eligible to receive it. Call 13 61 50 to register.**

Please enrol and book at www.oshclub.com.au to secure your place from Monday March 17th, 2014.

www.oshclub.com.au



03 8564 9000

Phone: 1800 460 870

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CANTEEN MENU

Pricelist 2014



HOT FAVOURITES

Hot Dog With Sauce (Chicken Meat - Not Pork) (H)	\$ 2.50
Chicken Nuggets (H)	\$ 0.60
Hash Brown (H) (V)	\$ 1.00
Potato Wedges (H) (V)	\$ 2.00
Garlic Bread (H) (V)	\$ 1.80
Cheese & Bacon Roll	\$ 2.00
Fish Finger (H)	\$ 0.60
Corn Cob (H) (V)	\$ 1.00
Mini Spring Rolls - Vegetarian (H) (V)	\$ 0.60
Nachos	\$ 3.20
Cup of Noodles Chicken OR Beef (H)	\$ 2.50
Popcorn Chicken Cup (H)	\$ 3.00

BURGERS

Kids Cheeseburger Cheese, Tomato Sauce	\$ 2.00
Chicken Burger 100% Breast Schnitzel (H)	\$ 3.60
Hamburger Tomato, Lettuce, BBQ Sauce (H)	\$ 3.60
Cheeseburger Cheese, Tomato Sauce (H)	\$ 3.60
Vege Burger (H) (V)	\$ 3.80

PIZZA & PASTA

Pizzas Bacon & Cheese or Hawaiian	\$ 2.50
Pizzas Slab Margharita (H) (V)	\$ 3.50
Lasagna or Spaghetti Bolognese (H)	\$ 3.50
Macaroni & Cheese (H) (V)	\$ 3.50
Butter Chicken & Rice	\$ 3.50
Fried Rice (H) (V)	\$ 3.50

WRAPS

Kids Chicken Schnitzel & Lettuce Wrap (H)	\$ 2.80
Pizza Wrap Ham, Cheese & Pizza Sauce	\$ 2.50
Salad Wrap Add Fresh Shredded Chicken \$1 (H) (V)	\$ 3.40
Caesar Wrap With Lettuce & Mayo - Add Chicken \$1	\$ 3.20
Chicken Schnitzel Wrap With Lettuce & Mayo (H)	\$ 4.00
Hawaiian Wrap Chicken Schnitzel, Lett, P/apple, Mayo (H)	\$ 4.00
Sweet Chilli Wrap 2x Chicken Tenders, Lett, Mayo (H)	\$ 4.00
BBQ Wrap Ham Toasted Chicken, Cheese, Bacon & Sauce	\$ 3.80

PIE & SAUSAGE ROLL

Party Pie	\$ 1.00
Sausage Roll (H)	\$ 2.50
Meat Pie (H)	\$ 3.40
Potato Pie (H)	\$ 3.60

SANDWICHES

Vegemite, Jam, Honey, Devon OR Cheese	\$ 1.70
Egg or Egg & Lettuce (V)	\$ 2.00
Ham or Tuna Salad add 80c	\$ 2.70
Salad	\$ 2.80
Chicken	\$ 3.00

EXTRAS

20c Mayo Cheese Tom Beet Cuc Carrot 40c Pineapple 10c Lunch Bag	
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SALAD BOWLS

Caesar Salad Add Chicken \$1	\$ 3.50
Salad Bowl Chicken, Ham, Egg, Tuna, Cheese	\$ 4.50

FRESH FRUITS

Apple, Orange, Banana	\$ 0.80
Watermelon	\$ 1.00
Fruit Salad Cup	\$ 1.50
Grapes in a Cup	\$ 1.50
Fruit Salad Bowl Add Tub Yoghurt \$1	\$ 3.80

SNACKS

Red Rock Chips Honey Soy	\$ 1.30
Jumpys	\$ 1.10
Mamee Noodles	\$ 1.00
JJ's Chicken Crackers	\$ 1.20
Popcorn	\$ 1.00
Eucalyptus Drops	\$ 0.90
Yoghurt Vanilla	\$ 2.00
Jelly Cup	\$ 1.00

MILK DRINKS FLAVOURED

300ml Choc / Strwbry / Vanilla	\$ 2.00
600ml Choc / Strwbry / Vanilla / Choc Mint	\$ 3.20
Hot Chocolate	\$ 1.50
Up & Go Breakfast Drink	\$ 2.20

COLD DRINKS

Poppers 100% Juice 200ml	\$ 1.50
Pop Top Berri Pure Fresh Juice 250ml	\$ 2.00
Aroona Mineral Water 350ml	\$ 2.00
Water 350ml	\$ 1.20
Water 600ml	\$ 1.60
Appletiser 250ml Sparkling Apple Juice 99%	\$ 2.20
LOL 250ml Assorted Flavours Sparkling 100% Juice	\$ 2.20
Glee 250ml Assorted Flavours Sparkling 60% Juice	\$ 2.20
Lido Diet Lemonade No Artificial Colours / Flavours *	\$ 1.50
Slushie Small	\$ 1.50
Slushie Large	\$ 2.00

ICE BLOCKS

Jelly Sticks	\$ 0.20
Fruitee Ice	\$ 0.50
Zooper Dooper	\$ 0.80
Sour Snap Apart	\$ 1.00
Ice Mony	\$ 1.00
Mini Calippo	\$ 1.30
Sunny Boys	\$ 1.50
Paddle Pops	\$ 1.60
Fruit Stack	\$ 0.80
Frozen Yoghurt	\$ 2.20

CRUNCH & SIP SPECIAL ORDER BEFORE SCHOOL

Apple, Orange, Banana + Bottle of Water	\$ 1.50
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