



# NEWSLETTER

## GIRRAWEEEN PUBLIC SCHOOL

Principal: Mr. G Walker  
Phone: 9631 3650

9 Bando Road  
GIRRAWEEEN NSW 2145

16th May 2013

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### 4 June School Uniform Competition

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#### Relieving Principal's Message

#### School Website:

<http://www.girraween-p.schools.nsw.edu.au/>

We've had a very busy and exciting first three weeks of Term 2.

Last week the P&C held the **Mother's Day Stall** and students were able to purchase a variety of items. From the sale of these items the P&C generated a **profit of over \$2,300**. Thank you to the P&C and our school families for supporting this event. The money raised will be used to support students at our school.

For the first time at GPS the 3-6 sport program occurred in the afternoon on Friday. The **PSSA, tennis and swimming programs have all started**. We have had an overwhelming response for both tennis and swimming with all places being filled by students. Year 2 students are also attending the *Learn to Swim* program this term.

GPS is participating in the **Primary Schools Chess Competition** this term. Our first match was held on Friday. We entered two teams into this competition and are proud to announce that both teams scored a victory against their opponent schools.

**Road safety** is at the forefront of discussions with our students. A **pedestrian refuge** is now operating on Gilba Road. This is not a pedestrian crossing. This means that cars do not have to stop to let students and their families cross. We are encouraging all students and families to wait on the footpath until the cars have passed. Holroyd Council has provided us with signs that will be displayed on both Gilba Road and Bando Road that display the 'No Stopping', 'Double Parking' and 'Bus Zone' rules.

The GPS **winter uniform is worn in Term 2 & 3**. All families received a note detailing the requirements of the uniform. The P&C is working with the school to run a 'School Uniform Competition' that will be held later in the term. More information is located in this newsletter.

Our Year 3 and 5 students completed **NAPLAN** this week. The NAPLAN assessments are Reading, Writing, Language Conventions and Numeracy. Results of NAPLAN will be available to GPS and families mid-September. Results of these assessments will be used to plan educational programs that meet the needs of our students.

*Rebecca Webster*

*Relieving Principal*

### DATES FOR YOUR DIARY

20 & 21 May	Dental Clinic Visit (3-6)
23 & 24 May	Year 2 Excursion to Longneck Lagoon
24 May	Walk Safely to School Day
28 May	Games-a-thon
31 May	Zone Cross Country

## GIRRAWEEEN PUBLIC SCHOOL UNIFORM

Girraween Public School is a uniform school. The wearing of our school uniform is support by the P&C.

The Uniform Shop is run and maintained by volunteers who are members of the P&C. The money raised from the purchase of correct school uniform from our Uniform Shop is spent on your children and our school.

Summer uniform is to be worn in Term 1 and Term 4. Winter uniform is to be worn in Term 2 and Term 3.

### Girls' Winter Uniform

Option 1	Option 2	Option 3
<ul style="list-style-type: none"><li>Yellow polo shirt with school crest and striped collar (short or long sleeved)</li><li>Bottle green slacks</li><li>White school socks (not low-cut)</li><li>Black shoes</li><li>Girraween PS hat or cap</li></ul>	<ul style="list-style-type: none"><li>Yellow polo shirt with school crest and striped collar (short or long sleeved)</li><li>GPS green and gold tracksuit</li><li>White school socks (not low-cut)</li><li>Black shoes</li><li>Girraween PS hat or cap</li></ul>	<ul style="list-style-type: none"><li>Yellow polo shirt with school crest and striped collar (short or long sleeved)</li><li>Bottle green pinafore</li><li>Bottle green tights</li><li>Black shoes</li><li>Girraween PS hat or cap</li></ul>
The accessories below can be worn with Option 1, Option 2 or Option 3 <ul style="list-style-type: none"><li>Bottle green jumper with school crest</li><li>Bottle green zip jacket with school crest</li><li>Bottle green wind jacket with school crest</li><li>Hair accessories – green, yellow or white</li></ul>		

Please note:

- White tights are **NOT** part of the GPS uniform.
- Green tights are **ONLY** to be worn with the pinafore. They are **NOT** to be worn with the green and white striped dress that is our summer uniform.
- NO** makeup or nail polish is to be worn.
- Jewellery should be limited – watch, stud earrings or sleepers, religious charms. Any religious necklaces must be tucked in.

### Boys' Winter Uniform

Option 1	Option 2
<ul style="list-style-type: none"><li>Green polo shirt with school crest and gold collar with green stripes (short or long sleeved)</li><li>Grey trousers</li><li>Grey socks</li><li>Black shoes</li><li>Girraween PS hat or cap</li></ul>	<ul style="list-style-type: none"><li>Green polo shirt with school crest and gold collar with green stripes (short or long sleeved)</li><li>GPS green and gold tracksuit</li><li>Grey socks</li><li>Black shoes</li><li>Girraween PS hat or cap</li></ul>
The accessories below can be worn with Option 1 or Option 2. <ul style="list-style-type: none"><li>Bottle green jumper with school crest</li><li>Bottle green zip jacket with school crest</li><li>Bottle green wind jacket with school crest</li></ul>	

## Girraween Public School Uniform Competition

This term GPS is holding a School Uniform Competition for all K-6 students.

The competition will be held on **Tuesday 4<sup>th</sup> June 2013**.

The details of the GPS winter uniform are on the back of this note. The winter uniform is worn in Term 2 and Term 3.

The P&C is supporting this competition by awarding \$20 to the class in each grade with the highest percentage of students in full winter school uniform. The winning classes will be able to decide what they would like to purchase.

All items of clothing needed for the winter uniform can be purchased from our Uniform Shop. The uniform shop is open **8.45am -10.00am Tuesdays and Wednesdays** each week during the school term. All money raised by the Uniform Shop is used by the P&C to support Girraween Public School.

Miss Webster,  
Relieving Principal  
13<sup>th</sup> May 2013

### **GPS WINTER UNIFORM**





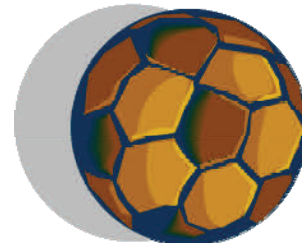
# Mother's Day Stall

Thank you to all the families who purchased something from the Mother's Day Stall.

Thank you to our P&C who organised the gifts for the Mother's Day Stall.

We hope all of our mothers had a great Sunday!





# GAMES-A-THON

**Tuesday 28<sup>th</sup> May 2013**

**The Games-A-Thon is here and we need your help**

**This event is one of our major fundraising drives for the year**

Dear parents / caregivers,

The GPS Games-a-thon is an exciting event in our school calendar. Students participate in a variety of sporting activities to raise money for our school.

Students are welcome to wear clothes in their school house colours. (Bradman = yellow; Cuthbert = red; Gould = blue; Newcombe = green)

Please make sure that your child brings along a hat and a bottle of water.

Parents are welcome to watch the events on the day. Events will begin at 11.20am.

Sponsor cards will be given to students on Monday 20<sup>th</sup> May. Families and friends are able to sponsor the students to raise money for our school. All sponsor cards and money are due back to school by **Friday 7<sup>th</sup> June**.

Looking forward to a fun day.

**Please remember that all monies raised directly benefits students at Girraween P.S.**

Mr Ward  
Coordinator

Mr Walker  
Principal

# Pedestrian Refuge Islands

Here are some helpful tips on how to stay safe when using the pedestrian refuge island on Gilba Road, Girraween.

It is important to remember that a Pedestrian refuge island is not a pedestrian crossing; they are installed on busy or wide roads to help pedestrians cross in two stages, therefore vehicles have right of way.



When using a pedestrian refuge island:

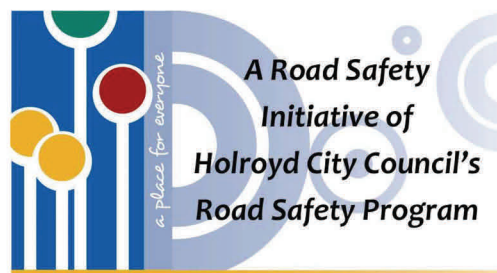
- Always give way to vehicles
- Always Stop, Look, Listen and Think
- If you can't get all the way across, use the island and stop half way
- Always hold hands with your child

*For more information contact*

Holroyd City Councils

Road Safety Officer

Ph: 9840 9880





# **PARENTS AND CARERS**

## **Westmead Centre for Oral Health Pediatric Dental Department**

Will be visiting our school on **20<sup>th</sup> May** to provide our  
**Primary School Grades** (Year 3, 4, 5 and 6 students)  
with a short Oral Health Information and Diet advice talk and a

### **Free Dental Check**



**NSW Health suggests all children aged 0-18  
have a Dental check up every 1 to 2 years**

The Dental staff will bring portable Dental Chairs and lights. The Dental clinician will use a new sterilized mirror and wear a new pair of latex free gloves for each child.

Consent forms will be sent home for each child and should be returned as soon as possible to the teacher ticked **Yes or No** and signed by the parent/carer.

Each student, (*with the consent form ticked **Yes** and **Signed by a parent***) will be eligible to have a dental check up.

A letter (result sheet) will be sent home with each child on the assessment day. This will indicate how the parent should follow-up the dental assessment.

Parents **will not** need to contact the dental clinic, *unless otherwise indicated on their result sheet*.

The child's details will be entered onto the hospital computer and will remain confidential.

Treatment appointments will be offered on a prioritized basis and sent **directly to the child's address** Students with *urgent treatment needs* will be offered treatment appointments first.

Parents may choose to make an appointment with their Private Dentist if the result sheet indicates. Their child requires treatment.

**Children from infant grades will not be assessed at school.**

Parents with children in Pre-school, K to 2 at school or, with children suffering Dental Pain or Trauma, are invited to call the **Western Sydney Local Health District call Centre on 98456766**

**Round 2 17/5/13**
**Wentworthville PSSA Sport – Term 2**

<b>Soccer</b>	<b>OZ Tag</b>	<b>Girls Soccer</b>	<b>Netball</b>
Girra Yellow V Toony West <i>Binalong Oval</i>	Girraween V Westmead <i>Binalong Oval</i>	Girra Yellow V Girra Green <i>Girraween Oval</i>	Girra Green V Pandle Hill <i>Girraween PS</i>
<b>BYE</b> Girra Green			Girra Yellow V Toony West <i>Binalong Oval</i>

**Round 3 24/5/13**

<b>Soccer</b>	<b>OZ Tag</b>	<b>Girls Soccer</b>	<b>Netball</b>
Girra Yellow V Girra Green <i>Girraween Oval</i>	Beresford Rd V Girraween <i>Binalong Oval</i>	Beresford Rd V Girra Green <i>Daniel St</i>	Girra Yellow V Girra Green <i>Girraween PS</i>
		Girra Yellow V Warriors <i>Daniel St</i>	

**ZONE CROSS COUNTRY**

Congratulations to all these students. Any student going to the Zone Cross Country will be contacted by Mr Marscham.

**Senior Boys (12 & 13 yrs)**

1	Ayan	Gould
2	Sajith	Bradman
3	Akshayan	Gould
4	Andrew	Cuthbert
5	Praanesh	Gould

**Senior Girls (12 & 13 yrs)**

1	Vithuja	Gould
2	Saleen	Newcombe
3	Prithi	Cuthbert
4	Tahira	Bradman
5	Pooja	Bradman


**11 yrs Boys**

1	Alex	Cuthbert
2	Shivam	Cuthbert
3	Jay	Bradman
4	Pranay	Cuthbert
5	Akashdeep	Cuthbert

**11 yrs Girls**

1	Hannabeth	Gould
2	Xinyuan	Bradman
3	Hiba	Cuthbert
4	Tuba	Newcombe
5	Kharrinnee	Gould

**10 yrs Boys**

1	Shaailesh	Newcombe
2	Athavan	Newcombe
3	Khaled	Gould
4	Akesh	Gould
5	Gajan	Cuthbert


**10 yrs Girls**

1	Meshwa	Bradman
2	Mohanisha	Newcombe
3	Subanu	Gould
4	Bella	Newcombe
5	India	Bradman

**Jnr Boys Heat 1 (8 & 9)**

1	Rakshaaiyan	Gould
2	Sujanthan	Cuthbert
3	Pratham	Gould
4	Sean	Newcombe
5	Abishek	Gould

**Jnr Boys Heat 2 (8 & 9)**

1	Liam	Newcombe
2	Mustafa	Gould
3	Ashvin	Cuthbert
4	Varun	Newcombe
5	Abinesh	Bradman

**Jnr Girls Heat 1 (8 & 9)**

1	Madisyn	Bradman
2	Sophie	Bradman
3	Yumika	Bradman
4	Teresa	Gould
5	Ragavie	Cuthbert

**Jnr Girls Heat 2 (8 & 9)**

1	Annalise	Bradman
2	Bavethini	Bradman
3	Anandika	Gould
4	Aarthy	Bradman
5	Lin Da	Newcombe



NRMA Road Safety Roadbots Norman & Norma proudly support:



**Design your very own helmet and see it come to life!**

Enter the Bicycle NSW Bike Artwork Competition by designing a helmet that is **BRIGHT, ORIGINAL** and can be worn by **ANYONE** who wants to ride a bike – which is **EVERYONE!**

The winning design will be made into a **real helmet** and be available in shops and online all over Australia. It's a work of art you can wear! Nine lucky regional winners will also receive a bike and helmet package.

Bicycling is a fun, healthy and safe activity. Teachers, parents and students can head to [www.mynrma.com.au/bikecomp](http://www.mynrma.com.au/bikecomp) and access great bike safety education resources to use in the classroom or at home. You can also download and print off as many entry forms as you like.

Competition closes 29 June 2013 (end term 2) so grab an entry form and send in your designs! If you're sending multiple entries in one envelope please be sure to include the 'teacher entry form' available from the website.

**Good luck!**

Questions? Email [programs@bicyclensw.org.au](mailto:programs@bicyclensw.org.au)  
T&C's available from the [www.mynrma.com.au/bikecomp](http://www.mynrma.com.au/bikecomp)



First Name \_\_\_\_\_ Surname \_\_\_\_\_ Age \_\_\_\_\_

School \_\_\_\_\_ Teacher Name \_\_\_\_\_

Email Address \_\_\_\_\_

Complete your artwork in the area below



Front

Back

Send to: Bicycle NSW  
PO Box 293, West Concord, NSW, 2138



## Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

Everyday Snacks	Sometimes Snacks
fruit loaf	muesli bars and dried fruit bars
plain popcorn	potato crisps / chips and corn chips
plain or fruit yoghurt	lollies and confectionary
cheese and crackers	chocolate
fresh fruit or canned fruit	cordial
dried fruit and cheese cubes	soft drink
wholemeal biscuits or crackers	
vegetable sticks and dip or salsa	
corn or rice cakes with or without spreads	
celery, cherry tomatoes and carrot sticks	

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. Keep these foods for special occasions only.



## Environmentally friendly snack foods

Choose an apple, mandarin, orange, pear, banana, plum, mangoes, pieces of melons, nectarines, peaches or other fresh seasonal fruit for a quick, easy, environmentally-friendly snack. No packaging, full of nutrients and antioxidants, plus it tastes delicious!

## Treats for special occasions

Food is an important part of special occasions for everyone and should be enjoyed. Your child may be invited to a party with lots of foods high in fat and sugar or to a meal at a fast food restaurant. These meals will do no harm as long as they are only eaten occasionally. But remember, children's parties don't need to be filled with junk food to be fun. Try to include some healthy foods as well. Here are some suggestions:

- ✓ pretzels
- ✓ mini pizzas
- ✓ fruit platters
- ✓ fresh berries
- ✓ finger sandwiches
- ✓ low-fat mini fruit muffins
- ✓ homemade popcorn
- ✓ slices of watermelon
- ✓ frozen orange wedges
- ✓ hummus and pita bread
- ✓ cheese cubes and crackers
- ✓ vegetable sticks and rice crackers with dips
- ✓ toasted Lebanese bread in place of corn chips and crisps.



Parentingideas Magazine

Issue 8

<http://www.parentingideas.com.au/Home>



## OC Classes 2014

**NSW** Education & Communities  
Business Systems  
High Performing Students Unit

Thinking of applying for  
opportunity class placement  
for Year 5 entry in 2014?

**APPLY ONLINE**  
[www.schools.nsw.edu.au/ocplacement](http://www.schools.nsw.edu.au/ocplacement)  
Check the web for more details about applying.

**Key dates**

**Monday 29 April 2013**  
Online application opens

**Monday 6 May 2013**  
Application information in schools

**Friday 17 May 2013**  
• Return paper applications to principal  
• Online application closes

**Wednesday 10 July 2013**  
Test centre advice sent

**Wednesday 24 July 2013**  
Opportunity class placement test

**October 2013**  
Outcome advice sent

**PLEASE READ THE APPLICATION INFORMATION BEFORE APPLYING.**

High Performing Students Unit  
[www.schools.nsw.edu.au/ocplacement](http://www.schools.nsw.edu.au/ocplacement)  
1300 880 367 | [ssu@det.nsw.edu.au](mailto:ssu@det.nsw.edu.au) | Fax: 02 9266 8435  
Locked Bag 53, DARLINGHURST NSW 1300

### LIMITED VACANCIES!

Preschool is a necessary stepping-stone to 'big school' and an important stage in a child's development. At First Academy Preschool Childcare, we pride ourselves on providing a safe and nurturing environment in order for your child to reach their full potential.

Our centre caters for children from 0- 6 years of age, operating between 7:00 am and 6:00 pm and offering:

- Quality supervised, learning and development programs integrated with play time
- School readiness and transition programs for preschool children
- Fun and enriching activities
- All meals, including hot lunches, fruit and milk

For enrolments or any enquiries, please call **9863 2361** or visit the centre at 35 Carinya Rd. Girraween and meet our qualified and friendly staff.

First Academy Preschool Childcare  
The Kids Paradise.



### Value of the Month: Excellence

*Striving for the highest personal achievement in all aspects of schooling and individual and community action, work and life-long learning.*

In School communities, evidence of this value includes:

- Giving recognition to students achieving high standards
- Frequently encouraging and acknowledging individual improvement
- Celebrating school community achievements
- Encouraging students' awareness of broader life experience

In Classrooms, evidence of this value includes:

- Reaching personal best performance
- Maintaining high learning expectations
- Setting and meeting high standards
- Persisting through challenges and difficulties in learning



# CANTEEN MENU

## HOT FAVOURITES

Hot Dog - 100% Chicken Halal With Sauce	\$ 2.20
Chicken Nuggets	\$ 0.60
Hash Brown	\$ 1.00
Potato Wedges	\$ 1.50
Garlic Bread	\$ 1.50

## BURGERS

Chicken Burger - 100% Halal Chicken !	\$ 3.50
Hamburger - Tomato Lettuce, BBQ Sauce	\$ 3.50
Cheeseburger - Cheese, Tomato Sauce	\$ 3.50
Vege Burger	\$ 3.50

## PIE & SAUSAGE ROLL

Party Pie	\$ 1.00
Meat Pie	\$ 3.20
Potato Pie	\$ 3.80
Sausage Roll	\$ 2.50

## PIZZA & PASTA

Pizzas - Bacon & Cheese or Hawalin	\$ 2.50
Pizzas Large Slab - BBQ Chicken or Margharita	\$ 3.50
Lasagna or Spaghetti Bolognese - Beef	\$ 3.50
Macaroni & Cheese	\$ 3.00

## OTHER HOT STUFF

Chicken Crackles	\$ 0.70
Yummy Drumsticks	\$ 1.20
Fish Fingers	\$ 0.60
Corn Cob	\$ 0.80
Cup of Noodles - Chicken, Beef	\$ 2.50
Mini Hot Dog	\$ 1.20
Toasted Cheese Sandwich	\$ 1.60

## WRAPS - LARGE

Salad Wrap	\$ 3.50
Chicken Salad Wrap	\$ 4.50
Hawaiian Wrap - Chicken, Lettuce, Pineapple, Mayo	\$ 4.50
Sweet Chilli Wrap - Chicken Tender, Lettuce, Mayo	\$ 4.50

## SANDWICH & SALADS

Vegemite, Jam or Honey	\$ 1.50
Devon	\$ 1.60
Cheese	\$ 1.50
Egg	\$ 2.00
Salad	\$ 2.80
Ham or Tuna - Salad add \$1.00	\$ 2.50
Chicken	\$ 3.00
Extras - Mayo 20c, Cheese, Tomato, Beetroot, Cucumber Carrot Pineapple 40c Sauce Portions 30c Lunch Bags 10c	
Salad Bowl - Light Tasty Cheese	\$ 3.50
Salad Bowl - Chicken, Tandoori Chicken, Ham, Egg, Tuna	\$ 4.80
Caesar Salad	\$ 4.20
Caesar Salad - With Chicken	\$ 4.80



## SNACKS

Red Rock Chips - Honey Soy	\$ 1.20
Jumpys	\$ 1.00
Mamee Noodles	\$ 1.00
JJ's Chicken Crackers	\$ 1.20
Popcorn	\$ 1.00
Choc Chip Cookies	\$ 1.00
Ovalteenies	\$ 1.20
Eucalyptus Drops	\$ 0.70
Yoghurt - Various Flavours	\$ 2.00

## HOMEMADE CAKES

Homemade Muffins - Various	From \$ 1.00
Brownies	\$ 1.00
Banana Bread	\$ 2.00

## MILK DRINKS

Moove 300ml - Chocolate or Strawberry	\$ 1.80
Moove 500ml - Chocolate or Strawberry	\$ 2.80
Hot Chocolate	\$ 2.00
Up & Go Breakfast Drink	\$ 2.00
Dare Iced Coffee - (Teachers & Parents Only)	\$ 3.60

## COLD DRINKS

Poppers 100% Juice	\$ 1.20
Berri Pure Fresh Juice	\$ 2.00
Sprite Zero	\$ 2.00
Diet Coke - Caffeine Free	\$ 2.00
Aroona Mineral Water	\$ 2.00
Water - 355ml	\$ 1.20
Water - 600ml	\$ 1.60
Jelly Cup	\$ 1.00

## SLUSHIES

Small Slushie	\$ 1.50
Large Slushie	\$ 2.00

## ICE CREAMS

Jelly Joys	\$ 0.20
Fruitee Ice	\$ 0.40
Sour Snap Aparts	\$ 1.00
Sunny Boys	\$ 1.00
Ice Mony	\$ 1.00
Zooper Dooper	\$ 0.70
Mini Calippo	\$ 1.20
Paddle Pops	\$ 1.60
Frozen Yoghurt	\$ 2.20

## FRESH FRUITS

Apple, Orange, Banana, Watermelon	\$ 1.00
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Regular \$1.50 OR Large \$2.00

## \$4 Lunch Meal Deal

Available Every Day

- 1 x Hot Dog (100% Chicken)
- 1 x Drink of Your Choice\*
- 1 x Packet of Chips



\* Bottle of Water, Popper or Soft Drink Only

