



NEWSLETTER

GIRRAWEEEN PUBLIC SCHOOL

Principal: Mr. G Walker
Phone: 9631 3650

9 Bando Road
GIRRAWEEEN NSW 2145

14th March 2013

Girraween Show Day, 28 March. Lunch orders, games, stalls and drinks.

School Website:

<http://www.girraween-p.schools.nsw.edu.au/>

Principal's Message

Last night we had our second **P&C meeting** of the year. I would like to thank our new committee members for their commitment to our P&C and their positions. Our senior committee members for 2013 are;

President:	Aravamudhan Sundaram	Vice Presidents:	Nimisha Pandya & Ravi Veluppillai
Treasurer:	Priya Budhbhatti	Assistant Treasurer:	Mythili Visakan
Secretary:	Jane Kelly	Assistant Secretary:	Julia Zammit
Fundraising Committee:	Viji Nalliah & Kalaichelvi Illango		
Environment Committee:	Palasurian Ravichandran & Nisha Jyoti		
Uniform Shop Committee:	Nisanthy Thevarajah & Kalpana Sundaralingam		

This week **Saleen Ahmed was selected to represent Sydney West at the state tennis competition** later this year. Saleen will be travelling to Albury to compete and has been sponsored by our P&C. Congratulations Saleen and good luck! We have included tennis as a regular school sport this year so we may be seeing more tennis champions at Girraween in the future.

Our **Year 6 students** have taken home their **Expression of Interest Secondary School application forms** for placement in Year 7 next year. This process requires families to apply for local or non local high school placement. Local placement is dependant on each families permanent address. This has been confirmed by the school office. Any parents requiring assistance completing the forms should contact Miss Webster or Mrs Roberts through the school office. Acceptance into Year 7 is the responsibility of each high school and does not involve our school. Parents can contact local high schools for information on enrolment.

Everyone will have noticed the **new demountable classroom** being installed in our playground. This classroom will be set up over the next 4 weeks and in use next term. There will be some changes to classes and classrooms in term 2. We will inform parents of students involved later this term once planning is finalised.

Last Friday our whole school was involved in **cleaning the school grounds**. All students gathered in their sport house teams. Teams have activity groups with members from Kindergarten to Year 6. The team leaders organised their groups collecting rubbish in their house area of the school. Points have been given for the best house teams. There is a reward for the best house at the end of term.

G. Walker

DATES FOR YOUR DIARY

19 March	Regional swimming carnival
21 March	Harmony Day
26 March	School Photo Day
28 March	Girraween Show Day
	Combined Scripture services
29 March	Good Friday—no school
1 April	Easter Monday—no school



Premier's Reading Challenge 2013

The Premier's Reading Challenge encourages students to take up reading as an activity choice in their leisure time and ultimately enhance literacy performance in our school. It is a challenge to each student to read more and to read more widely.

Students in **Kindergarten** to **Year 2** will be completing the Premier's Reading Challenge in class with their **teacher** reading them the stories and entering the student's details online for them.

Students in **Years 3 to 6** are required to complete the Challenge independently at home.

How can Year 3 to 6 students participate?

1. The 2013 Premier's Reading Challenge begins on 4th March. Students can register for the Challenge by entering their first completed book online by typing in **DET Student Portal** into a search engine.
2. Log on to the *Student Portal* page using their **school internet** user name and password.
3. On the *Learning* link click on the + then the word *More.... Premier's Reading Challenge* will appear on the list. Click on it.
4. A box comes up with questions that you are required to answer before moving forward.
5. Click on *Student Reading Records* (left hand column of page)
6. To add a book either;
 - Select the *Book title* box and begin to type in the title of the book. A drop box will appear below where you can click on the book and the ID# as well as other relevant information will automatically scroll into the information boxes or;
 - Click on *Booklists* (left hand column of page). Select your PRC level and search by the title or author here.
7. Click on *Add* to add the book to your child's list. A new line will appear for the next entry.
8. Borrow at least one Premier's Reading Challenge Book from the Library every week during your Library lesson and you'll be well on the road to completing this challenge. **Remember the PRC books are clearly displayed in the Library with the appropriate coloured stickers on the front of each book.**

It's **easy** and it's a lot of **fun** so make sure you are a part of the Premier's Reading Challenge in 2013.

Mrs K. Propst
Teacher Librarian

SRC report

4 weeks ago over 50 very impressive students at our school were elected as their class SRC representatives, house captains and school captains. Since then they have been working hard to organise how they are going to raise funds for the school. They have also prioritised how they would like to spend the money they raise.

After running their class meetings we had a vote at the SRC. There was a huge majority of students who would like to spend the money on putting netting in front of the demountable classrooms so large balls that are played with on the grass do not go under there.

To raise this money we will be continuing with the SRC trolley we had in the playground last year. This will be available for students to purchase stationary items such as novelty pens, pencils, rubber and rulers. The trolley will be operated by SRC representatives at the following times:

Monday – before school – for parents

Wednesday – before school – infant students only

Wednesday – lunchtime – primary students only

Thursday – before school – infant students only

Friday – lunchtime – primary students only



Please if your child requires new stationary items consider buying them from the SRC trolley as all the money goes back to the school.

Mrs Ferns
SRC coordinator



Value of the Month: Integrity

Being consistently honest and trustworthy

In school communities, evidence of this value includes:

- open and transparent decision making processes
- consistent school policies and actions.

In classrooms, evidence of this value includes:

- trusting others to work independently
- doing what you say you will do
- teachers mark students work consistently to agreed standards
- clearly explaining and enforcing rules about plagiarism.

GIRRAWEE SHOW DAY

Thursday 28th March will be our annual Girraween Show Day.

It is a fun filled afternoon including face painting, playing games and participating in other exciting activities.

Part of our day includes the opportunity to purchase a lunch/recess order. All orders must be returned to the office by **Friday 22nd March**.

Letters have been sent home today with further information and order form for lunch/recess.

LIMITED VACANCIES!

Preschool is a necessary stepping-stone to 'big school' and an important stage in a child's development. At First Academy Preschool Childcare, we pride ourselves on providing a safe and nurturing environment in order for your child to reach their full potential.

Our centre caters for children from 0- 6 years of age, operating between 7:00 am and 6:00 pm and offering:

- Quality supervised, learning and development programs integrated with play time
- School readiness and transition programs for preschool children
- Fun and enriching activities
- All meals, including hot lunches, fruit and milk

For enrolments or any enquiries, please call **9863 2361** or visit the centre at 35 Carinya Rd. Girraween and meet our qualified and friendly staff.

First Academy Preschool Childcare
The Kids Paradise.



Carpark Safety—Bando Rd

We would appreciate it if parents could keep our carpark clear. It is our responsibility to ensure that all our students are kept safe and would appreciate it if you do not walk your child through our carpark. The gates at the Bando Rd crossing are always open.

Thank you for your understanding.



Plus Fitness 24/7 WENTWORTHVILLE





**OPENING
SOON**

FOUNDATION MEMBERSHIPS!
 1st 50 \$11 per wk
 2nd 50 \$12 per wk
 3rd 50 \$13 per wk

Join Online at
plusfitness247.com.au



Level 1, 73 Dunmore St
(off Cumberland Hwy)
Wentworthville NSW 2145
Ph: **9631 4211**
wentworthville@plusfitness.com.au

NO JOINING FEES

NO CONTRACTS

Call NOW to secure your membership

1300 GYM247

24 HOUR GYM

www.plusfitness247.com.au

UNSW COMPETITIONS

Dear Parents

There has been many enquiries regarding the UNSW Competitions. This year we will be making it available to students in Years 3-6.

However, the UNSW competitions are not compulsory and are available to those students wishing to sit the competitions.

Please note that all of the competitions bear the costs listed below and are to be paid prior to the competition cut off date.

Next term letters will be sent home to all students in Years 3-6. Should you have any further questions, please see Mr Ward.

Here are the dates and costs for the UNSW Competitions:

Science	Wed	5th June	\$8.80
Writing	Mon	17th June	\$18.70
Spelling	Tues	18th June	\$12.10
English	Wed	31st July	\$8.80
Mathematics	Tues	13th August	\$8.80



The Hills Sports High School

56 Best Road, Seven Hills 2147 - PO Box 657, Seven Hills 1730
Ph: 02 9622 7300 - Fax: 02 9831 6190
Principal: Mitchell Struyve

Talented Identification Trials

Information for Parents & Students Year 7—2014

The Hills Sports High School is one of Australia's leading specialist sports schools offering Talented Sports Program in 15 sports in 2014. Talented students with a strong interest in a sport are encouraged to apply.

Information night for parents and students seeking 2014 enrolment will be conducted in The Hills Sports High Assembly Hall on **Wednesday 15th May at 6.30pm**.

Talented Identification Trials for 2014 enrolments will be conducted between 21st May and 11th June.

Application forms can be downloaded from our school website
hillssport-h.school@det.nsw.edu.au

Closing date for the return of application forms
21st May 2013. Enquiries Robert Hawkes
(Director of Sport) 0425 288 481.

10 WAYS TO PROMOTE GOOD MENTAL HEALTH & WELL-BEING IN KIDS

- 1 MODEL GOOD MENTAL HEALTH HABITS
- 2 MAKE SURE THEY GET ENOUGH SLEEP
- 3 ENCOURAGE KIDS TO EXERCISE
- 4 GIVE THEM CREATIVE OUTLETS
- 5 PROVIDE A SPACE OF THEIR OWN
- 6 TALK ABOUT THEIR TROUBLES
- 7 HELP THEM TO RELAX
- 8 HAVE TWO ROUTINES - WEEKDAY AND WEEKEND
- 9 FOSTER VOLUNTEERING AND HELPFULNESS
- 10 BRING FUN AND PLAYFULNESS INTO THEIR LIVES

For information from Michael Grose about raising exceptional kids...



1. Subscribe to Happy Kids newsletter on parentingideas.com.au and receive latest parenting ideas and information.



2. Visit parentingideas.com.au to find ready to go resources and books.



3. For the best parenting ideas and great advice join the Michael Grose Parenting community on [facebook.com/michaelgroseparenting](https://www.facebook.com/michaelgroseparenting)

phone. 1800 004 484

parentingideas.com.au

Stage 3 HSIE Video

As part of the Stage 3 unit of work on GLOBAL CONNECTIONS, students will be given the opportunity to watch a video on asylum seekers. It is rated PG. If you would prefer that your child is excluded from this activity, please contact your child's Homeroom teacher before 19th March.

Mrs Roberts

Harmony Day – Thursday 21st March 2013



The theme for Harmony Day this year for K-2 is 'Many Games: One Australia' and for 3-6 is 'Many Stories: One Australia'. Students can come to school dressed in cultural dress. Photos of the day will be taken and parents will be able to see these on our school website.



ADDITIONAL PLAYERS REQUIRED **** FOR 11 YEAR OLD'S TEAM ****



Starlights Netball Club Inc. is your local club and we are seeking players to fill our teams.

We are part of the Blacktown City Netball Association and all games are played at International Peace Park (near Blacktown Swimming Pool). Games are played on Saturday at the same time each week starting 27 April 2013.

What to Email for Registration: Registration form (forms on website, resources menu) plus 2 passport sized photos required.

Registration Fees for 2013 Season

Juniors	10 – 17 years	\$125
Fundraising Levy	Sell box of chocolates or pay \$30	

* Forms can be emailed to the club email address and payments can be made by internet banking. When making an internet payment, please also email the payment receipt to our email address with all your details.

BSB 062-224 Account 00903128 Starlight's Netball Club.

Uniforms: Bodysuits (new & used) & Socks contact Uniform Officer Marlene Marchese 040425371652

Interested? For further details contact: Rachael Sutton, Registrar on 0406 424576 or email: starlightsnetballclub@hotmail.com Website: <http://starlights.netball.asn.au>



Girraween Public School P&C Uniform Shop News

The uniform shop continues to provide uniforms for all our students. We encourage you to purchase all your uniform needs with us. Buying from the school benefits the school as a whole, as it is your children who will benefit from the profits raised.

Our parent volunteers give their time to provide this service. All procedures in the uniform shop have the full support of our school principal.

Exchange policy

We are happy to exchange certain items ONCE but uniforms must still have the tag and be unwashed. There is NO exchange on hats, socks and tights.

No exchange without the Receipt and within 4 weeks.

NO REFUNDS

**We are now open every Tuesday morning from 8:45am to 10am
and Wednesday morning from 8:45am to 10am**

If this time is not suitable for you, please leave a completed order form with money at the School Office.

**Nishanthy Thevarajah
Uniform Shop Coordinator**

Helpful Parent Websites

SCHOOL A TO Z— TOOLS, TIPS AND RESOURCES FOR PARENTS

The NSW Department of Education and Communities provides excellent website for parents, providing tools, tips and resources. It is regularly updated, so make sure you have a look.
<http://www.schoolatoz.nsw.edu.au/home>

Parenting ideas by Michael Grose: www.parentingideas.com.au The website offers information and regular tips particularly the “Insights” page.

WENTWORTHVILLE PSSA

Round 4 15/3/13

Softball	Newcombe Ball	Cricket	Tee Ball	AFL
Girraween V Darcy Rd Parramatta Park	Beresford Rd V Girraween Girraween PS	Westmead V Greens Bathurst St	Girraween V Warriors Parramatta Park	Beresford Rd V Girraween Binalong Oval
		Toongabbie V Girraween Daniel St		

Round 5 22/3/13

Softball	Newcombe Ball	Cricket	Tee Ball	AFL
Westmead V Girraween Parramatta Park	Girraween V Westmead Girraween PS	Greens V Girraween Daniel St	Girraween V Westmead Parramatta Park	Reds V Girraween Binalong Oval

Round 6 5/4/13

Softball	Newcombe Ball	Cricket	Tee Ball	AFL
Girraween V Toongabbie Parramatta Park	Girraween V Toongabbie Girraween PS	Girraween V Darcy Rd Girraween Oval	Girraween V Toongabbie Parramatta Park	Toongabbie V Girraween Binalong Oval
		Greens V Metella Rd Daniel St		

Round 7 12/4/13

Softball	Newcombe Ball	Cricket	Tee Ball	AFL
Beresford Rd V Girraween Darling St	Metella Rd V Girraween Girraween PS	Girraween V Warriors Girraween Oval	Beresford Rd V Girraween Darling St	Metella Rd V Girraween Binalong Oval
		Greens V Toongabbie Daniel St		



CANTEEN MENU

HOT FAVOURITES

Hot Dog - 100% Chicken Halal With Sauce	\$ 2.20
Chicken Nuggets	\$ 0.60
Hash Brown	\$ 1.00
Potato Wedges	\$ 1.50
Garlic Bread	\$ 1.50

BURGERS

Chicken Burger - 100% Halal Chicken !	\$ 3.50
Hamburger - Tomato Lettuce, BBQ Sauce	\$ 3.50
Cheeseburger - Cheese, Tomato Sauce	\$ 3.50
Vege Burger	\$ 3.50

PIE & SAUSAGE ROLL

Party Pie	\$ 1.00
Meat Pie	\$ 3.20
Potato Pie	\$ 3.80
Sausage Roll	\$ 2.50

PIZZA & PASTA

Pizzas - Bacon & Cheese or Hawaii	\$ 2.50
Pizzas Large Slab - BBQ Chicken or Margherita	\$ 3.50
Lasagna or Spaghetti Bolognese - Beef	\$ 3.50
Macaroni & Cheese	\$ 3.00

OTHER HOT STUFF

Chicken Crackles	\$ 0.70
Yummy Drummies	\$ 1.20
Fish Fingers	\$ 0.60
Corn Cob	\$ 0.80
Cup of Noodles - Chicken, Beef	\$ 2.50
Mini Hot Dog	\$ 1.20
Toasted Cheese Sandwich	\$ 1.60

WRAPS - LARGE

Salad Wrap	\$ 3.50
Chicken Salad Wrap	\$ 4.50
Hawaiian Wrap - Chicken, Lettuce, Pineapple, Mayo	\$ 4.50
Sweet Chilli Wrap - Chicken Tender, Lettuce, Mayo	\$ 4.50

SANDWICH & SALADS

Vegemite, Jam or Honey	\$ 1.50
Devon	\$ 1.60
Cheese	\$ 1.50
Egg	\$ 2.00
Salad	\$ 2.80
Ham or Tuna - Salad add \$1.00	\$ 2.50
Chicken	\$ 3.00
Extras - Mayo 20c , Cheese, Tomato, Beetroot, Cucumber Carrot Pineapple 40c Sauce Portions 30c Lunch Bags 10c	
Salad Bowl - Light Tasty Cheese	\$ 3.50
Salad Bowl - Chicken, Tandoori Chicken, Ham, Egg, Tuna	\$ 4.80
Caesar Salad	\$ 4.20
Caesar Salad - With Chicken	\$ 4.80



SNACKS

Red Rock Chips - Honey Soy	\$ 1.20
Jumpys	\$ 1.00
Mamee Noodles	\$ 1.00
JJ's Chicken Crackers	\$ 1.20
Popcorn	\$ 1.00
Choc Chip Cookies	\$ 1.00
Ovalteenies	\$ 1.20
Eucalyptus Drops	\$ 0.70
Yoghurt - Various Flavours	\$ 2.00

HOMEMADE CAKES

Homemade Muffins - Various	From \$ 1.00
Brownies	\$ 1.00
Banana Bread	\$ 2.00
All Homemade Items are "Light"	

MILK DRINKS

Moove 300ml - Chocolate or Strawberry	\$ 1.80
Moove 500ml - Chocolate or Strawberry	\$ 2.80
Hot Chocolate	\$ 2.00
Up & Go Breakfast Drink	\$ 2.00
Dare Iced Coffee - (Teachers & Parents Only)	\$ 3.60

COLD DRINKS

Poppers 100% Juice	\$ 1.20
Berri Pure Fresh Juice	\$ 2.00
Sprite Zero	\$ 2.00
Diet Coke - Caffeine Free	\$ 2.00
Aroona Mineral Water	\$ 2.00
Water - 355ml	\$ 1.20
Water - 600ml	\$ 1.60
Jelly Cup	\$ 1.00

SLUSHIES

Small Slushie	\$ 1.50
Large Slushie	\$ 2.00

ICE CREAMS

Jelly Joys	\$ 0.20
Fruitee Ice	\$ 0.40
Sour Snap Aparts	\$ 1.00
Sunny Boys	\$ 1.00
Ice Mony	\$ 1.00
Zooper Dooper	\$ 0.70
Mini Calippo	\$ 1.20
Paddle Pops	\$ 1.60
Frozen Yoghurt	\$ 2.20

FRESH FRUITS

Apple, Orange, Banana, Watermelon	\$ 1.00
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Regular \$1.50 OR Large \$2.00

\$4 Lunch Meal Deal

Available Every Day
 1 x Hot Dog (100% Chicken)
 1 x Drink of Your Choice*
 1 x Packet of Chips



* Bottle of Water, Popper or Soft Drink Only

