



NEWSLETTER

GIRRAWEE PUBLIC SCHOOL

Principal: Mr. G Walker
Phone: 9631 3650

9 Bando Road
GIRRAWEE NSW 2145



5th December 2013

Carols night—11 December 5.30-8.00pm

Principal's Message

School Website:

<http://www.girraween-p.schools.nsw.edu.au/>

Congratulations to all those students who have received awards during this week's Presentation Day and Presentation Night assemblies. Presentation Night was attended by Holroyd councillors Mr. J. Rame and Mrs L. Lake, as well our P&C President Mr A. Sundar and Treasurer Mrs P. Budhbatti, past principal Mrs K. Junor and invited guests with long associations with our school. Our school has enjoyed recognising those students who have applied themselves throughout the year in academic, social, cultural and sporting activities. There has been a very positive response from parents who have been impressed with the standard of these assemblies that have showcased the school band, dance groups and choirs. I would like to thank Mr Gosbell for the excellent work done to organise this week's assemblies and also Miss Khoury for her assistance.

As part of the evening I was able to present Mr Marscham with an extremely significant award. He is the Western Sydney Region primary school recipient of the NSW Premier's Sporting Challenge Teacher Recognition – Excellent Service To School Sport Award 2013. This award recognises the dedication Mr Marscham has made to primary sport since 1978. He has been organiser and coordinator for our school, district and regional PSSA carnivals and team sports. His hand written bus timetables for local PSSA sport are legendary. Very few people have made such a commitment or impact on local school sport. Congratulations and well done Mr Marscham. A copy of the award will be hung in the school hall.

As this is the last Newsletter for the year I would like reflect on a number of significant changes have been established in our school. Clear whole school planning and evaluation processes are in place to improve program coordination across the school. Our school website and school smart phone app have improved communication between the school and families. Our split timetable has halved the number of students in the playground. Use of the gate at Gilba Road and installation of the pedestrian refuge at Gilba Road has improved movement into and out of our school.

Future plans for our school include an OOSH operating from term 2 in 2014, offering before and after school care on site for families. The playground will have artificial turf installed and a water retention tank under the playground to collect water for our gardens. There will be no change to school times in 2014. We will continue to be a growing school with high expectations for students and staff. I look forward to working with the school P&C to provide regular fundraising activities and information sessions for parents.

I would like to thank everyone who has made a contribution to our school in 2013. Have a happy and safe Christmas and enjoy the holiday season.

G. Walker



DATES FOR YOUR DIARY

9 December	Final P&C meeting 7.00pm library
11 December	Carols Night
12 December	Joanfest film
13 December	Picnic Day
16 December	Year 6 Graduation & Farewell
17 December	Semester 2 reports go home.
18 December	End of Term 4

2014 DATES

29 January	Students return—first day of 2014 No change to school times. 9am to 3pm
29-31 January	Best Start for 2014 Kindergartens
3 February	2014 Kindergartens start

GIRRAWEE PUBLIC SCHOOL REVERSE CHRISTMAS TREE

Dear Parents/Caregivers

The Reverse Christmas Tree is still operating and will continue until **10th December (Week 10)**.

Please be assured that your first will be gratefully received and will bring some Christmas Cheer to the need in our community.

All students and families are invited to buy an appropriate **new toy** and place it **unwrapped** under the Christmas Tree in the Office. These toys will then be collected by The Salvation Army for its Toy Drive on our School Carol Night (11th December).

Please remember that these toys will be given to primary ages (Yrs 5-12) boys and girls identified as in need by The Salvation Army.

We currently have a good pile of toys for under the tree but I know you will improve on the amount by **11th December**.

Huge thanks to you all.

Mark Gosbell

Relieving Deputy Principal





Christmas Raffle to be drawn at Carols Night

Tickets are \$1.00 each or 6 for \$5.00. There is a prize for the students who sell the most tickets K-2 and 3-6.

Thank you for supporting our School!

Girraween P&C would like to publically acknowledge the support of the following local businesses:

- BJ Accounting and Taxation Service, Station St, Wentworthville
- TLC Health and Fitness, Tucks Rd, Toongabbie
- Aussie Unity Real Estate, Pendle Way, Pendle Hill
- Spice Minimart, Aurelia St, Toongabbie
- Cordina Chicken Farms, Magowar Rd, Girraween
- Vim Tech Automotive, Targo Rd, Girraween

Their generosity has helped make our school a great school!



HELP REQUIRED

Carols Night is on the 11th December 2013. We are asking for any volunteers who would be able to help at the P&C fundraising stalls on that night. The evening starts around 5pm and finishes at approximately 8pm.

If you are able to assist with the stalls please fill out the form below and return it to the school.

I am able to help at Carols Night on the 11th December.

Parent's/Caregiver's Name: _____

Contact number: _____

Child's name: _____

Class: _____

Nicole Moran 6C wrote this 'story' to highlight awareness of the effects of the typhoon in the Philippines and the work UNICEF does.

Well done Nicole.

Anabelle's Story

My heartbeats were louder than the waves rushing into the house. The cold, salty water rose up to my knee. My brain told me to move but my heart was completely clueless. Through the window above, palm trees swayed in a motion never seen before. My mother screamed out, "Mabilis, hawakan ang akin kamay!"

All of us prayed for the best as the gigantic wave came after us. My hand slipped off Mum's hand and I was pushed along with the water. I thought that my mother and I could be together but I guess water just had to be in between us and separate us into two different worlds where I don't belong.

Based on true events – Anabelle Acosta

Don't let this happen to a child.
Donate to Unicef.



2014 School Requirements

To help with preparation for next year, we have listed the stationery requirements for next year:

- Pencils—both lead (HB) and colour
- Glue sticks
- 30cm ruler
- Box of tissues
- Pencil sharper
- Eraser
- **Years 5 & 6 only** Blue and Red pens

2014 Kindergarten & Year 1 students will receive both lead & colour pencils for Term 1 only. After Term 1 they will need to provide their own.



Congratulations Swetha

In September, 5R students entered Fairfax Community Newspapers "Design an Ad" Competition. 5R's brief was to design an ad for Pendle Hill Hardware.

Swetha Adaikalavan's entry was awarded 2nd prize. She will be attending a presentation ceremony next Wednesday at Auburn.

Well done Swetha

Remembrance Day, 11 November 2013

On Monday the 11th of November, we were lucky enough to be invited to the Seven Hills-Toongabbie RSL Club as our school representatives to commemorate Remembrance Day.

We listened to the pledges and hymns of the official guests and sang along with them. They told of how brave soldiers fought for us and made us proud.

After the ceremony we met Nathan Rees and Michelle Rowland and had a little chat. We also had a delicious lunch to finish the day.



We felt very proud to represent Girraween Public School on such an important occasion.

Kharrinnee and Nithilan

Value of the Month: Excellence

Striving for the highest personal achievement in all aspects of schooling and individual and community action, work and life-long learning.

In school communities, evidence of this value includes:

- giving recognition to students achieving high standards
- frequently encouraging and acknowledging individual improvement
- celebrating school community achievements
- encouraging students' awareness of broader life opportunities

In classrooms, evidence of this value includes:

- reaching personal best performance
- maintaining high learning expectations
- setting and meeting high standards
- persisting through challenges and difficulties in learning



INSIGHTS

by Michael Grose - No. 1 parenting educator



Raising Kids To Thrive!

"If we are to prepare children adequately for the future then parents need to take a step back and provide an environment that develops their confidence, their character and their resilience."

Currently there's a great deal of confusion about the best way to raise kids. The perception that the world is a dangerous place is causing us to closet or over-protect our children. We have a greater propensity than our own parents did to satisfy our children's material demands, so we run the risk of raising an indulged generation.

Many children grow up with an exaggerated sense of entitlement to rights, freedoms and goods, which are often way beyond their means or grasp. In wanting what's best for kids we do run the risk of doing too much for them, giving them too much and also removing all risk from their environment.

If we are to prepare children adequately for the future then parents need to take a step back and provide an environment that develops their confidence, their character and their resilience

It is these three qualities that will enhance children's prospects of future success in all areas of life, including their relationships, their family and their future working lives.

The development of one impacts on the others. When kids develop a greater sense of self-confidence they usually behave better and they are more likely to bounce back from setbacks, particularly social injustices.

Confidence

Confidence is about taking your rightful place in the world and grabbing your rightful space. It is about making the most of the opportunities presented to you. Confident kids take more learning risks and are likely to challenge themselves more than kids who are low on confidence. They are less likely to place limits on themselves or their achievements. Confidence is so crucial today as so many kids are anxious and fear failure.

Character

Character refers to the attitudes and behaviours a child develops that maximise his or her success. Personality may attract initial attention but it won't guarantee success. Character more than likely will. Character has greater substance and depth. The development of depth of character in children is at the heart of effective child-rearing. Character is about doing what's right, not what's easy!

Resilience

Children need to be resilient. They need to be able to bounce back from life's bigger and smaller setbacks. They need to experience

the gamut of emotions that come with loss, failure, disappointment and other childhood hardships, frustrations and difficulties they routinely face so they learn they can cope when life doesn't go their way. Resilience is linked with good mental health habits and also with a child's success.

These three qualities don't develop in a vacuum. They may develop by accident but I wouldn't count on it. They best develop in an environment where parents purposefully adopt principles and techniques that promote them.

Using large family principles is at the heart of the thriving way of parenting. It's not a return to the past. Rather, it's recognition that if we are to prepare our children adequately for the future, then we need to step back and provide an environment that develops their



confidence, their character and their resilience. These qualities will enhance children's prospects of success in all areas of life in this constantly changing world.

Parents can find out more about the Thriving Way of parenting in my new book "Thriving! Raising exceptional kids with confidence, character and resilience." It's available at www.parentingideas.com.au

Published by Michael Grose Presentations.

All rights reserved. For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au



GIRRAWEE PUBLIC SCHOOL APP.



Dear families

Just checking you have our school app on your Phone or iPad. It is a great way to stay updated with what is happening at our school.

The app is free and it is easy to download through the Apple App Store or the Google Play Store. It can be found by searching "Girraween Public".

Remember the **username**: community and the **password**: girraweenps. Have fun exploring and enjoy using our school app.

LIMITED VACANCIES!

Preschool is a necessary stepping-stone to 'big school' and an important stage in a child's development. At First Academy Preschool Childcare, we pride ourselves on providing a safe and nurturing environment in order for your child to reach their full potential.

Our centre caters for children from 0- 6 years of age, operating between 7:00 am and 6:00 pm and offering:

- Quality supervised, learning and development programs integrated with play time
- School readiness and transition programs for preschool children
- Fun and enriching activities
- All meals, including hot lunches, fruit and milk

For enrolments or any enquiries, please call **9863 2361** or visit the centre at 35 Carinya Rd. Girraween and meet our qualified and friendly staff.

First Academy Preschool Childcare
The Kids Paradise.



Parentingideas Magazine
Issue 8



<http://www.parentingideas.com.au/Home>



LEAVING GIRRAWEE / STARTING LATE

My Child _____ in Class _____

will be either (please tick the appropriate one):

1. Leaving Girraween Public School at the end of the year () OR
2. Starting after Wednesday 29th January (), date returning _____

Signed: _____

Parent/Guardian

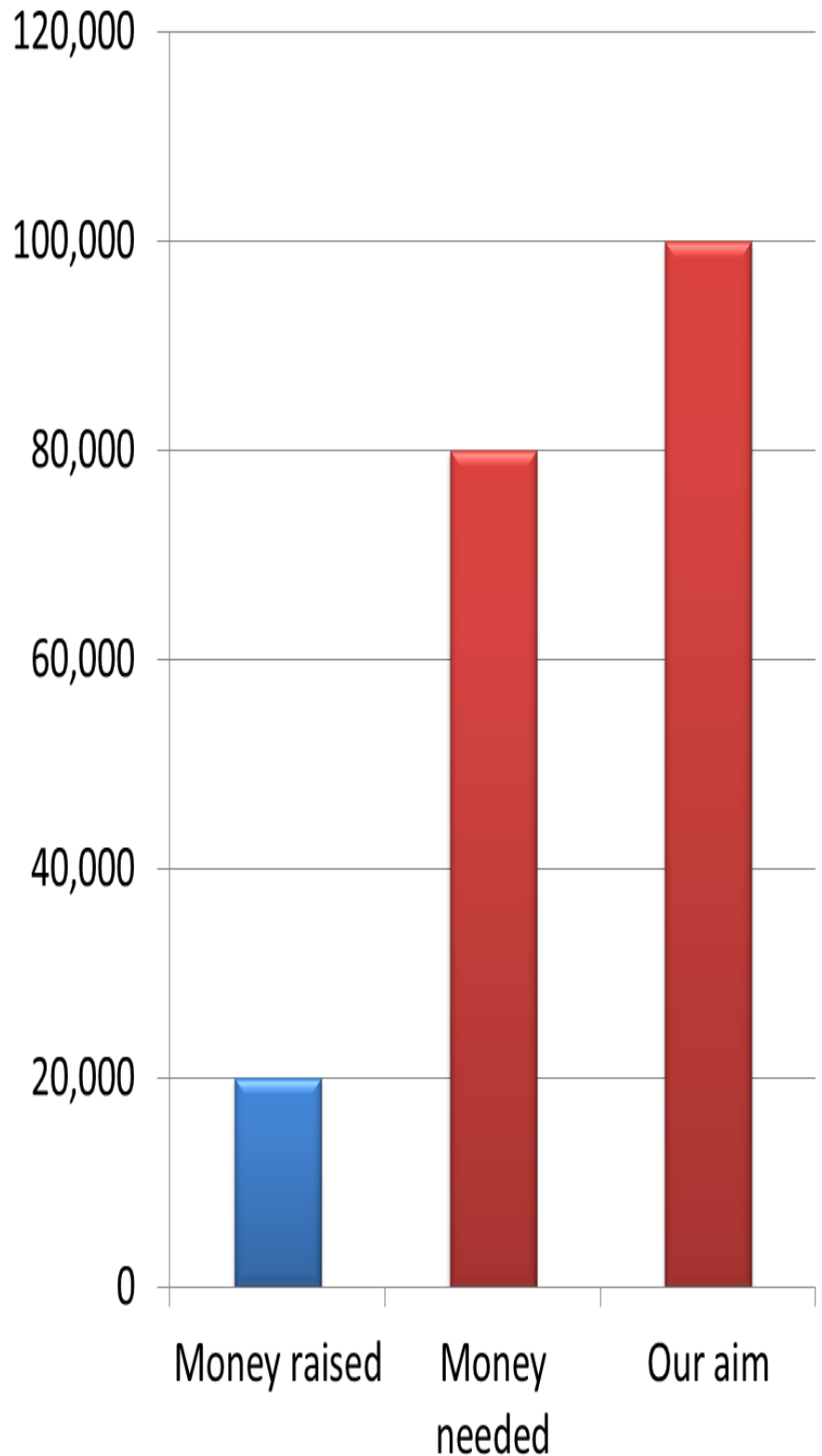
Date: _____



PLAYGROUND RESURFACE 2014

Playground resurface 2014

- Our aim is to raise \$100,000.00 to resurface the playground with artificial grass.
- We need the support of everyone in our school community to reach this goal.
- Our P&C Building Fund is collecting tax deductible donations.
- Donations can be made at the school office.
- Our P&C will be committing fundraising money from 2013.
- The school has allocated \$20,000.00 towards the project.
- **How can you help???????**



Girraween Public School Building Fund (Tax Deductible)

Please note, contributions to the building fund are tax deductible. Make your contributions by 30 June, so you can claim the deductions in this Financial Year.

How do I contribute?

Cash/cheque – send your contribution to our school office. Cheque in favour of “Girraween Parents and Citizens Association”.

Bank Transfer/direct debt:

BSB: 062224 Account No: 0090 1405

Bank: Commonwealth Bank of Australia

If you are depositing via **Internet Banking** don't forget to include your name as reference to the payees account and send a copy of the transfer receipt for the purpose of issuing receipt and records. You may also **direct deposit** the nominated amount at any **Commonwealth Bank** branch. Send us a copy of the deposit slip.

Resurfacing our playground

- From this
- To this!



Yes, we can do this !!!

CANTEEN MENU

HOT FAVOURITES

Hot Dog - 100% Chicken Halal With Sauce	\$ 2.20
Chicken Nuggets	\$ 0.60
Hash Brown	\$ 1.00
Potato Wedges	\$ 1.50
Garlic Bread	\$ 1.50

BURGERS

Chicken Burger - 100% Halal Chicken !	\$ 3.50
Hamburger - Tomato Lettuce, BBQ Sauce	\$ 3.50
Cheeseburger - Cheese, Tomato Sauce	\$ 3.50
Vege Burger	\$ 3.50

PIE & SAUSAGE ROLL

Party Pie	\$ 1.00
Meat Pie	\$ 3.20
Potato Pie	\$ 3.80
Sausage Roll	\$ 2.50

PIZZA & PASTA

Pizzas - Bacon & Cheese or Hawaii	\$ 2.50
Pizzas Large Slab - BBQ Chicken or Margharita	\$ 3.50
Lasagna or Spaghetti Bolognaise - Beef	\$ 3.50
Macaroni & Cheese	\$ 3.00

OTHER HOT STUFF

Chicken Crackles	\$ 0.70
Yummy Drumsticks	\$ 1.20
Fish Fingers	\$ 0.60
Corn Cob	\$ 0.80
Cup of Noodles - Chicken, Beef	\$ 2.50
Mini Hot Dog	\$ 1.20
Toasted Cheese Sandwich	\$ 1.60

WRAPS - LARGE

Salad Wrap	\$ 3.50
Chicken Salad Wrap	\$ 4.50
Hawaiian Wrap - Chicken, Lettuce, Pineapple, Mayo	\$ 4.50
Sweet Chilli Wrap - Chicken Tender, Lettuce, Mayo	\$ 4.50

SANDWICH & SALADS

Vegemite, Jam or Honey	\$ 1.50
Devon	\$ 1.60
Cheese	\$ 1.50
Egg	\$ 2.00
Salad	\$ 2.80
Ham or Tuna - Salad add \$1.00	\$ 2.50
Chicken	\$ 3.00
Extras - Mayo 20c, Cheese, Tomato, Beetroot, Cucumber Carrot Pineapple 40c Sauce Portions 30c Lunch Bags 10c	
Salad Bowl - Light Tasty Cheese	\$ 3.50
Salad Bowl - Chicken, Tandoori Chicken, Ham, Egg, Tuna	\$ 4.80
Caesar Salad	\$ 4.20
Caesar Salad - With Chicken	\$ 4.80



SNACKS

Red Rock Chips - Honey Soy	\$ 1.20
Jumpys	\$ 1.00
Mamee Noodles	\$ 1.00
JJ's Chicken Crackers	\$ 1.20
Popcorn	\$ 1.00
Choc Chip Cookies	\$ 1.00
Ovalteenies	\$ 1.20
Eucalyptus Drops	\$ 0.70
Yoghurt - Various Flavours	\$ 2.00

HOMEMADE CAKES

Homemade Muffins - Various	From \$ 1.00
Brownies	\$ 1.00
Banana Bread	\$ 2.00
All Homemade Items are "Light"	

MILK DRINKS

Moove 300ml - Chocolate or Strawberry	\$ 1.80
Moove 500ml - Chocolate or Strawberry	\$ 2.80
Hot Chocolate	\$ 2.00
Up & Go Breakfast Drink	\$ 2.00
Dare Iced Coffee - (Teachers & Parents Only)	\$ 3.60

COLD DRINKS

Poppers 100% Juice	\$ 1.20
Berri Pure Fresh Juice	\$ 2.00
Sprite Zero	\$ 2.00
Diet Coke - Caffeine Free	\$ 2.00
Aroona Mineral Water	\$ 2.00
Water - 355ml	\$ 1.20
Water - 600ml	\$ 1.60
Jelly Cup	\$ 1.00

SLUSHIES

Small Slushie	\$ 1.50
Large Slushie	\$ 2.00

ICE CREAMS

Jelly Joys	\$ 0.20
Fruitee Ice	\$ 0.40
Sour Snap Aparts	\$ 1.00
Sunny Boys	\$ 1.00
Ice Mony	\$ 1.00
Zooper Dooper	\$ 0.70
Mini Calippo	\$ 1.20
Paddle Pops	\$ 1.60
Frozen Yoghurt	\$ 2.20

FRESH FRUITS

Apple, Orange, Banana, Watermelon	\$ 1.00
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Regular \$1.50 OR Large \$2.00

\$4 Lunch Meal Deal

Available Every Day
 1 x Hot Dog (100% chicken)
 1 x Drink of Your Choice*
 1 x Packet of Chips



* Bottle of Water, Popper or Soft Drink Only

